

An illustration within a dark grey speech bubble shape. It shows two orange silhouettes of children. One child is larger and is leaning over, appearing to bully or pick up the other child, who is smaller and is being pushed or pulled. The background of the illustration is a lighter grey rectangle.

HOW DO I FIND OUT WHETHER MY CHILD IS BULLYING?

IT CAN BE DIFFICULT TO DISCOVER AND

to acknowledge that your own child is a bully. Bullying other students is obviously not something a child will talk about at home. But if several of the points described under “Who Bullies?” fit your child, you should take this seriously and look more closely into the matter.

Bullying can be seen as a part of a general pattern of anti-social and rule-breaking behavior. Children who are bullies during their school years are at a much higher risk of later becoming involved in crime, misuse of alcohol, tobacco, and illegal drugs. If your child is bullying others, it is important to break this pattern, not just for the sake of the victim, but also for your own child’s sake.

Who Bullies?

YOUR CHILD—

Is aggressive, nasty,
spiteful, and generally
in opposition.

Has a marked need
to dominate or
manipulate others.

Seems to like to
insult, push around,
or tease other
children.

WARNING SIGNS